



Independence Central Office

Scheduled Menu Plans

**7500 Hanthorn Early Education**

**Serving Period:** Breakfast  
**Date:** 8/1/2019  
**Base Menu Plan:** 3,017 EE 1-5Y BFAST W3D4 19-20  
**Menu Comments:**

**Serving Line:** MAIN

**Age Group:** Grades K-5  
**Feeding Figure:** 113

Stock Number	Description	Serving Size	Measure	Projected Quantity
A322	EGG, SCRAMBLED, CHEESY EE	1	1/2 CUP	133
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	201.9896	kcal	Carbohydrate
				4.3370 g
A029	TOAST, WG	1	1 SLICE	133
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	112.5000	kcal	Carbohydrate
				18.0000 g
7101	PEARS DICED CANNED	1	SERVING 1/2 CUP	133
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	60.0000	kcal	Carbohydrate
				16.0000 g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	50.0000	kcal	Carbohydrate
				5.5000 g
2144	MILK 1% HALF GAL	1	6 OZ	127
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	75.0000	kcal	Carbohydrate
				8.2500 g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	6
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	60.0001	kcal	Carbohydrate
				5.5000 g

**Serving Period:** Lunch  
**Date:** 8/1/2019  
**Base Menu Plan:** 3,929 EE 1-5Y LUNCH W3D4 18-19  
**Menu Comments:**

**Serving Line:** MAIN

**Age Group:** Grades K-5  
**Feeding Figure:** 126

Stock Number	Description	Serving Size	Measure	Projected Quantity
A325	BEEF FINGERS #2074	1	4 FINGERS	135
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	230.0000	kcal	Carbohydrate
				16.0000 g
A005	POTATOES, MASHED	1	1/2 CUP	135
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	85.3963	kcal	Carbohydrate
				18.1467 g
A140	COUNTRY GRAVY	1	2 OZ	135
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	59.4904	kcal	Carbohydrate
				8.4986 g

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A010	GREEN BEANS	1	1/2 CUP	135
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	27.8559	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	5.2930	g	
1161	JCE CUP FRZ STR /POM	1	CARTON (1)	135
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	70.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	19.0000	g	
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	50.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	5.5000	g	
2144	MILK 1% HALF GAL	1	6 OZ	68
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	75.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	8.2500	g	
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	60.0001	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	5.5000	g	

**Serving Period:** Snack **Serving Line:** MAIN **Age Group:** Grades K-5  
**Date:** 8/1/2019 **Feeding Figure:** 113  
**Base Menu Plan:** 3,057 EE 1-5Y SNACK W3D4 18-19  
**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity
1333	BANANAS PREM 40LB	1	1/2 BANANA	135
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	55.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	14.5000	g	
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	50.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	5.5000	g	
2144	MILK 1% HALF GAL	1	6 OZ	68
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	75.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	8.2500	g	
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	60.0001	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	5.5000	g	

**Serving Period:** Breakfast **Serving Line:** MAIN **Age Group:** Grades K-5  
**Date:** 8/2/2019 **Feeding Figure:** 113  
**Base Menu Plan:** 3,018 EE 1-5Y BFAST W3D5 19-20  
**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity
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A376	PIZZA BREAKFAST TRK/SAU #1196	1	1 PIZZA	133
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	210.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	27.0000	g	
1329	ORANGE 138 CT	1	1/2 CUP (4-6 WEDGES)	133
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	31.2730	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	7.4273	g	
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	50.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	5.5000	g	
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	6
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	60.0001	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	5.5000	g	
2144	MILK 1% HALF GAL	1	6 OZ	127
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	75.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	8.2500	g	

**Serving Period:** Lunch      **Serving Line:** MAIN      **Age Group:** Grades K-5  
**Date:** 8/2/2019      **Feeding Figure:** 126  
**Base Menu Plan:** 3,930 EE 1-5Y LUNCH W3D5 18-19  
**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity
A444	CHICKEN TERIYAKI W/ VEG EE	1	1 SERVING	135
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	256.6850	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	40.2506	g	
A012	PEAS	1	1/2 CUP	135
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	80.0832	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	13.8032	g	
7108	PEACHES DICED	1	SERVING 1/2 CUP	135
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	60.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	14.0000	g	
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	50.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	5.5000	g	
2144	MILK 1% HALF GAL	1	6 OZ	68
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	75.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	8.2500	g	
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	60.0001	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	5.5000	g	

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**Serving Period:** Snack  
**Date:** 8/2/2019  
**Base Menu Plan:** 4,392 EE 1-5Y SNACK W1D1 18-19  
**Menu Comments:**

**Serving Line:** MAIN

**Age Group:** Grades K-5  
**Feeding Figure:** 113

Stock Number	Description	Serving Size	Measure	Projected Quantity												
2431	CRACKER CHED CHEESE CRISPY IW	1	PKG (1)	135												
<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Food Energy</td> <td>110.0000</td> <td>kcal</td> </tr> </tbody> </table>		Nutrient	Value	Units	Food Energy	110.0000	kcal	<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Carbohydrate</td> <td>17.0000</td> <td>g</td> </tr> </tbody> </table>		Nutrient	Value	Units	Carbohydrate	17.0000	g	
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Food Energy	60.0001	kcal														
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Carbohydrate	5.5000	g														

**Serving Period:** Breakfast  
**Date:** 8/14/2019  
**Base Menu Plan:** 4,976 EE 1-5Y BFAST W1D3 19-20  
**Menu Comments:**

**Serving Line:** MAIN

**Age Group:** Grades K-5  
**Feeding Figure:** 200

Stock Number	Description	Serving Size	Measure	Projected Quantity												
a356	Pancake Maple Mini	1	1 PKG	133												
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Food Energy	210.0000	kcal														
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1333	BANANAS PREM 40LB	1	1/2 BANANA	133												
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2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2												
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2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	6												
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Nutrient	Value	Units														
Food Energy	60.0001	kcal														
Nutrient	Value	Units														
Carbohydrate	5.5000	g														

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Scheduled Menu Plans

**Serving Period:** Lunch  
**Date:** 8/14/2019  
**Base Menu Plan:** 4,996 EE 1-5Y LUNCH W1D3 19-20  
**Menu Comments:**

**Serving Line:** MAIN

**Age Group:** Grades K-5  
**Feeding Figure:** 200

Stock Number	Description	Serving Size	Measure	Projected Quantity		
A082	WG SPAGHETTI & ZESTY MEATSAUCE	1	1 SERVING	135		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	346.9285	kcal	Carbohydrate	43.2430	g
a131	SALAD, DARK GREENS- EL	1	1/2 CUP	135		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	3.6560	kcal	Carbohydrate	0.5850	g
A361	TOMATO, FRESH DICED	1	1/4 CUP	135		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	8.1076	kcal	Carbohydrate	1.7522	g
a360	CARROT, FRESH SHREDDED	1	1/4 CUP	135		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	11.6147	kcal	Carbohydrate	2.7139	g
a7024	BEANS, PINTO (SALAD BAR)	1	1/4 CUP	135		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	95.3707	kcal	Carbohydrate	17.5171	g
1329	ORANGE 138 CT	1	1/2 CUP (4-6 WEDGES)	135		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	31.2730	kcal	Carbohydrate	7.4273	g
2366	DRESSING ITALIAN OTT'S	1	Ounce	135		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	29.3055	kcal	Carbohydrate	7.8148	g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	50.0000	kcal	Carbohydrate	5.5000	g
2144	MILK 1% HALF GAL	1	6 OZ	68		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	75.0000	kcal	Carbohydrate	8.2500	g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	60.0001	kcal	Carbohydrate	5.5000	g

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Scheduled Menu Plans

**Serving Period:** Snack  
**Date:** 8/14/2019  
**Base Menu Plan:** 5,016 EE 1-5Y SNACK W1D3 19-20  
**Menu Comments:**

**Serving Line:** MAIN

**Age Group:** Grades K-5  
**Feeding Figure:** 200

Stock Number	Description	Serving Size	Measure	Projected Quantity
1329	ORANGE 138 CT	1	1/2 CUP (4-6 WEDGES)	135
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	31.2730	kcal	Carbohydrate
				7.4273 g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	50.0000	kcal	Carbohydrate
				5.5000 g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	60.0001	kcal	Carbohydrate
				5.5000 g
2144	MILK 1% HALF GAL	1	6 OZ	68
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	75.0000	kcal	Carbohydrate
				8.2500 g

**Serving Period:** Breakfast  
**Date:** 8/15/2019  
**Base Menu Plan:** 4,977 EE 1-5Y BFAST W1D4 19-20  
**Menu Comments:**

**Serving Line:** MAIN

**Age Group:** Grades K-5  
**Feeding Figure:** 200

Stock Number	Description	Serving Size	Measure	Projected Quantity
A041	BISCUITS W/GRAVY, WG. MINI	1	2 BISCUITS	133
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	279.4904	kcal	Carbohydrate
				38.4986 g
A7078	STRAWBERRIES #7112	1	1/2 CUP	133
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	38.8278	kcal	Carbohydrate
				10.0952 g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	50.0000	kcal	Carbohydrate
				5.5000 g
2144	MILK 1% HALF GAL	1	6 OZ	127
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	75.0000	kcal	Carbohydrate
				8.2500 g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	6
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	60.0001	kcal	Carbohydrate
				5.5000 g

Trans Fat is displayed for informational purposes only, not for monitoring.

\* Nutrient value marked as missing contains at least one ingredient for which nutrient data is absent.



Independence Central Office

Scheduled Menu Plans

**Serving Period:** Lunch  
**Date:** 8/15/2019  
**Base Menu Plan:** 4,997 EE 1-5Y LUNCH W1D4 19-20  
**Menu Comments:**

**Serving Line:** MAIN

**Age Group:** Grades K-5  
**Feeding Figure:** 200

Stock Number	Description	Serving Size	Measure	Projected Quantity		
A353	CHICKEN NUGGETS WG#2345	1	1 SERVING (5)	135		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	200.0000	kcal	Carbohydrate	13.0000	g
A005	POTATOES, MASHED	1	1/2 CUP	135		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	85.3963	kcal	Carbohydrate	18.1467	g
A140	COUNTRY GRAVY	1	2 OZ	135		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	59.4904	kcal	Carbohydrate	8.4986	g
A057	BROCCOLI, STEAMED	1	1/2 CUP	135		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	28.2507	kcal	Carbohydrate	4.5307	g
1347	PEACHES SLICD IN LS	1	1/2 CUP	135		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	81.0000	kcal	Carbohydrate	19.8000	g
2286	KETCHUP JUG WITH PUMP	1	Ounce	34		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	33.3278	kcal	Carbohydrate	8.3320	g
1086	SAUCE BBQ	1	Ounce	34		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	29.1618	kcal	Carbohydrate	6.6655	g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	50.0000	kcal	Carbohydrate	5.5000	g
2144	MILK 1% HALF GAL	1	6 OZ	68		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	75.0000	kcal	Carbohydrate	8.2500	g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	60.0001	kcal	Carbohydrate	5.5000	g

**Serving Period:** Snack  
**Date:** 8/15/2019  
**Base Menu Plan:** 5,017 EE 1-5Y SNACK W1D4 19-20  
**Menu Comments:**

**Serving Line:** MAIN

**Age Group:** Grades K-5  
**Feeding Figure:** 200

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Independence Central Office

Scheduled Menu Plans

Stock Number	Description	Serving Size	Measure	Projected Quantity		
2311	CRISPY BITES BLUE/LEM 1.0 OZ	1	PKG (1)	135		
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	120.0000	kcal	Carbohydrate	21.0000	g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34		
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	50.0000	kcal	Carbohydrate	5.5000	g
2144	MILK 1% HALF GAL	1	6 OZ	68		
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	75.0000	kcal	Carbohydrate	8.2500	g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34		
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	60.0001	kcal	Carbohydrate	5.5000	g

**Serving Period:** Breakfast      **Serving Line:** MAIN      **Age Group:** Grades K-5  
**Date:** 8/16/2019      **Feeding Figure:** 200  
**Base Menu Plan:** 4,978 EE 1-5Y BFAST W1D5 19-20  
**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity		
2473	MUFFINS BLUEBERRY IW	1	PKG (1)	133		
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	150.0000	kcal	Carbohydrate	23.0000	g
A474	YOGURT TRIX cherry #2412	1	1 CONTAINER	133		
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	80.0000	kcal	Carbohydrate	15.0000	g
1350	PINEAPPLE BITS IN LS	1	SERVING 1/2 CUP	133		
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	69.9472	kcal	Carbohydrate	16.9872	g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2		
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	50.0000	kcal	Carbohydrate	5.5000	g
2144	MILK 1% HALF GAL	1	6 OZ	127		
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	75.0000	kcal	Carbohydrate	8.2500	g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	6		
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	60.0001	kcal	Carbohydrate	5.5000	g

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Independence Central Office

Scheduled Menu Plans

2144	MILK 1% HALF GAL	1	2 OZ CEREAL MILK	128		
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	25.0000	kcal	Carbohydrate	2.7500	g
2152	MILK WHOLE 1/2 GAL	1	2 OZ CEREAL MILK	6		
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	30.0000	kcal	Carbohydrate	2.7500	g

**Serving Period:** Lunch      **Serving Line:** MAIN      **Age Group:** Grades K-5  
**Date:** 8/16/2019      **Feeding Figure:** 200  
**Base Menu Plan:** 4,998 EE 1-5Y LUNCH W1D5 19-20  
**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity		
A100	CHEESEBURGER ON WG BUN	1	1 SANDWICH	135		
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	348.0001	kcal	Carbohydrate	27.0000	g
A425	POTATO CRINKLE FRIES	1	1/2 CUP	135		
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	132.0316	kcal	Carbohydrate	22.7641	g
a164	LETTUCE, TOMATO, PICKLE 6 CT	1	1 serving	135		
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	10.4961	kcal	Carbohydrate	2.0652	g
A070	CARROTS, COOKED	1	1/2 CUP	135		
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	22.5109	kcal	Carbohydrate	5.2526	g
A053	APPLESAUCE, ROSY	1	1/2 CUP	135		
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	62.0849	kcal	Carbohydrate	16.0220	g
2286	KETCHUP JUG WITH PUMP	1	Ounce	68		
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	33.3278	kcal	Carbohydrate	8.3320	g
1097	MUSTARD	1	Ounce	14		
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	0.0000	kcal	Carbohydrate	0.0000	g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34		
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	50.0000	kcal	Carbohydrate	5.5000	g
2144	MILK 1% HALF GAL	1	6 OZ	68		
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	75.0000	kcal	Carbohydrate	8.2500	g

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Independence Central Office

Scheduled Menu Plans

2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34			
<b>Nutrient</b>		<b>Value Units</b>		<b>Nutrient</b>		<b>Value Units</b>	
Food Energy		60.0001	kcal	Carbohydrate		5.5000	g

**Serving Period:** Snack **Serving Line:** MAIN **Age Group:** Grades K-5  
**Date:** 8/16/2019 **Feeding Figure:** 200  
**Base Menu Plan:** 5,018 EE 1-5Y SNACK W1D5 19-20  
**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity			
1015	CHEESE STRING MOZ LT	1	PKG (1)	135			
<b>Nutrient</b>		<b>Value Units</b>		<b>Nutrient</b>		<b>Value Units</b>	
Food Energy		80.0000	kcal	Carbohydrate		0.0000	g
1923	CRACKER SALTINE (WG)	1	PKG (2 CRACKERS)	135			
<b>Nutrient</b>		<b>Value Units</b>		<b>Nutrient</b>		<b>Value Units</b>	
Food Energy		30.0003	kcal	Carbohydrate		4.5000	g
1353	JUICE APPLE 100%	1	1/2 CUP	135			
<b>Nutrient</b>		<b>Value Units</b>		<b>Nutrient</b>		<b>Value Units</b>	
Food Energy		55.0000	kcal	Carbohydrate		14.0000	g

**Serving Period:** Breakfast **Serving Line:** MAIN **Age Group:** Grades K-5  
**Date:** 8/19/2019 **Feeding Figure:** 200  
**Base Menu Plan:** 4,974 EE 1-5Y BFAST W1D1 19-20  
**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity			
A376	PIZZA BREAKFAST TRK/SAU #1196	1	1 PIZZA	133			
<b>Nutrient</b>		<b>Value Units</b>		<b>Nutrient</b>		<b>Value Units</b>	
Food Energy		210.0000	kcal	Carbohydrate		27.0000	g
1278	KIWI 33 CT	1	1/2 KIWI (2-3 WEDGE	133			
<b>Nutrient</b>		<b>Value Units</b>		<b>Nutrient</b>		<b>Value Units</b>	
Food Energy		23.2759	kcal	Carbohydrate		5.5419	g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2			
<b>Nutrient</b>		<b>Value Units</b>		<b>Nutrient</b>		<b>Value Units</b>	
Food Energy		50.0000	kcal	Carbohydrate		5.5000	g
2144	MILK 1% HALF GAL	1	6 OZ	127			
<b>Nutrient</b>		<b>Value Units</b>		<b>Nutrient</b>		<b>Value Units</b>	
Food Energy		75.0000	kcal	Carbohydrate		8.2500	g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	6			
<b>Nutrient</b>		<b>Value Units</b>		<b>Nutrient</b>		<b>Value Units</b>	
Food Energy		60.0001	kcal	Carbohydrate		5.5000	g

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Independence Central Office

Scheduled Menu Plans

**Serving Period:** Lunch  
**Date:** 8/19/2019  
**Base Menu Plan:** 4,999 EE 1-5Y LUNCH W2D1 19-20  
**Menu Comments:**

**Serving Line:** MAIN

**Age Group:** Grades K-5  
**Feeding Figure:** 200

Stock Number	Description	Serving Size	Measure	Projected Quantity												
A332	WG GOLDFISH BREAD HOT HAM/CHZ	1	1 SANDWICH	135												
<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Food Energy</td> <td>283.9228</td> <td>kcal</td> </tr> </tbody> </table>		Nutrient	Value	Units	Food Energy	283.9228	kcal	<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Carbohydrate</td> <td>26.6536</td> <td>g</td> </tr> </tbody> </table>		Nutrient	Value	Units	Carbohydrate	26.6536	g	
Nutrient	Value	Units														
Food Energy	283.9228	kcal														
Nutrient	Value	Units														
Carbohydrate	26.6536	g														
A010	GREEN BEANS	1	1/2 CUP	135												
<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Food Energy</td> <td>27.8559</td> <td>kcal</td> </tr> </tbody> </table>		Nutrient	Value	Units	Food Energy	27.8559	kcal	<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Carbohydrate</td> <td>5.2930</td> <td>g</td> </tr> </tbody> </table>		Nutrient	Value	Units	Carbohydrate	5.2930	g	
Nutrient	Value	Units														
Food Energy	27.8559	kcal														
Nutrient	Value	Units														
Carbohydrate	5.2930	g														
A046	STRAWBERRY FRUIT MEDLEY	1	1/2 CUP	135												
<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Food Energy</td> <td>54.6418</td> <td>kcal</td> </tr> </tbody> </table>		Nutrient	Value	Units	Food Energy	54.6418	kcal	<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Carbohydrate</td> <td>13.1985</td> <td>g</td> </tr> </tbody> </table>		Nutrient	Value	Units	Carbohydrate	13.1985	g	
Nutrient	Value	Units														
Food Energy	54.6418	kcal														
Nutrient	Value	Units														
Carbohydrate	13.1985	g														
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34												
<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Food Energy</td> <td>50.0000</td> <td>kcal</td> </tr> </tbody> </table>		Nutrient	Value	Units	Food Energy	50.0000	kcal	<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Carbohydrate</td> <td>5.5000</td> <td>g</td> </tr> </tbody> </table>		Nutrient	Value	Units	Carbohydrate	5.5000	g	
Nutrient	Value	Units														
Food Energy	50.0000	kcal														
Nutrient	Value	Units														
Carbohydrate	5.5000	g														
2144	MILK 1% HALF GAL	1	6 OZ	68												
<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Food Energy</td> <td>75.0000</td> <td>kcal</td> </tr> </tbody> </table>		Nutrient	Value	Units	Food Energy	75.0000	kcal	<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Carbohydrate</td> <td>8.2500</td> <td>g</td> </tr> </tbody> </table>		Nutrient	Value	Units	Carbohydrate	8.2500	g	
Nutrient	Value	Units														
Food Energy	75.0000	kcal														
Nutrient	Value	Units														
Carbohydrate	8.2500	g														
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34												
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Nutrient	Value	Units														
Food Energy	60.0001	kcal														
Nutrient	Value	Units														
Carbohydrate	5.5000	g														

**Serving Period:** Snack  
**Date:** 8/19/2019  
**Base Menu Plan:** 5,019 EE 1-5Y SNACK W2D1 19-20  
**Menu Comments:**

**Serving Line:** MAIN

**Age Group:** Grades K-5  
**Feeding Figure:** 200

Stock Number	Description	Serving Size	Measure	Projected Quantity												
1387	GRAHAMS ORIGINAL	1	PKG (1)	135												
<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Food Energy</td> <td>346.1538</td> <td>kcal</td> </tr> </tbody> </table>		Nutrient	Value	Units	Food Energy	346.1538	kcal	<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Carbohydrate</td> <td>65.3847</td> <td>g</td> </tr> </tbody> </table>		Nutrient	Value	Units	Carbohydrate	65.3847	g	
Nutrient	Value	Units														
Food Energy	346.1538	kcal														
Nutrient	Value	Units														
Carbohydrate	65.3847	g														
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34												
<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Food Energy</td> <td>50.0000</td> <td>kcal</td> </tr> </tbody> </table>		Nutrient	Value	Units	Food Energy	50.0000	kcal	<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Carbohydrate</td> <td>5.5000</td> <td>g</td> </tr> </tbody> </table>		Nutrient	Value	Units	Carbohydrate	5.5000	g	
Nutrient	Value	Units														
Food Energy	50.0000	kcal														
Nutrient	Value	Units														
Carbohydrate	5.5000	g														
2144	MILK 1% HALF GAL	1	6 OZ	68												
<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Food Energy</td> <td>75.0000</td> <td>kcal</td> </tr> </tbody> </table>		Nutrient	Value	Units	Food Energy	75.0000	kcal	<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Carbohydrate</td> <td>8.2500</td> <td>g</td> </tr> </tbody> </table>		Nutrient	Value	Units	Carbohydrate	8.2500	g	
Nutrient	Value	Units														
Food Energy	75.0000	kcal														
Nutrient	Value	Units														
Carbohydrate	8.2500	g														

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2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34			
<b>Nutrient</b>		<b>Value Units</b>		<b>Nutrient</b>		<b>Value Units</b>	
Food Energy		60.0001	kcal	Carbohydrate		5.5000	g

**Serving Period:** Breakfast      **Serving Line:** MAIN      **Age Group:** Grades K-5  
**Date:** 8/20/2019      **Feeding Figure:** 200  
**Base Menu Plan:** 4,980 EE 1-5Y BFAST W2D2 19-20  
**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity			
A039	OATMEAL, APPLE CINNAMON	1	1 CUP	133			
<b>Nutrient</b>		<b>Value Units</b>		<b>Nutrient</b>		<b>Value Units</b>	
Food Energy		90.7747	kcal	Carbohydrate		19.5767	g
a7074	BLUEBERRIES #7074	1	1/2 CUP	133			
<b>Nutrient</b>		<b>Value Units</b>		<b>Nutrient</b>		<b>Value Units</b>	
Food Energy		38.6000	kcal	Carbohydrate		9.3710	g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2			
<b>Nutrient</b>		<b>Value Units</b>		<b>Nutrient</b>		<b>Value Units</b>	
Food Energy		50.0000	kcal	Carbohydrate		5.5000	g
2144	MILK 1% HALF GAL	1	6 OZ	127			
<b>Nutrient</b>		<b>Value Units</b>		<b>Nutrient</b>		<b>Value Units</b>	
Food Energy		75.0000	kcal	Carbohydrate		8.2500	g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	6			
<b>Nutrient</b>		<b>Value Units</b>		<b>Nutrient</b>		<b>Value Units</b>	
Food Energy		60.0001	kcal	Carbohydrate		5.5000	g

**Serving Period:** Lunch      **Serving Line:** MAIN      **Age Group:** Grades K-5  
**Date:** 8/20/2019      **Feeding Figure:** 200  
**Base Menu Plan:** 5,000 EE 1-5Y LUNCH W2D2 19-20  
**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity			
A077	QUESO BLANCO BEEF ENCHILADAS	1	2 ENCHILADAS	135			
<b>Nutrient</b>		<b>Value Units</b>		<b>Nutrient</b>		<b>Value Units</b>	
Food Energy		297.3600	kcal	Carbohydrate		16.3599	g
A016	RICE, MEXICAN-STYLE	1	1/2 CUP	135			
<b>Nutrient</b>		<b>Value Units</b>		<b>Nutrient</b>		<b>Value Units</b>	
Food Energy		78.7958	kcal	Carbohydrate		13.4837	g
A359	CORN, COOKED	1	1/2 CUP	135			
<b>Nutrient</b>		<b>Value Units</b>		<b>Nutrient</b>		<b>Value Units</b>	
Food Energy		99.2998	kcal	Carbohydrate		20.8661	g

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1333	BANANAS PREM 40LB	1	1/2 BANANA	135
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	55.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	14.5000	g	
7045	SALSA	1	Ounce	135
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	8.8527	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	1.7705	g	
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	50.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	5.5000	g	
2144	MILK 1% HALF GAL	1	6 OZ	68
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	75.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	8.2500	g	
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	60.0001	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	5.5000	g	

**Serving Period:** Snack **Serving Line:** MAIN **Age Group:** Grades K-5  
**Date:** 8/20/2019 **Feeding Figure:** 200  
**Base Menu Plan:** 5,020 EE 1-5Y SNACK W2D2 19-20  
**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity
A474	YOGURT TRIX cherry #2412	1	1 CONTAINER	135
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	80.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	15.0000	g	
1353	JUICE APPLE 100%	1	1/2 CUP	135
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	55.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	14.0000	g	

**Serving Period:** Breakfast **Serving Line:** MAIN **Age Group:** Grades K-5  
**Date:** 8/21/2019 **Feeding Figure:** 200  
**Base Menu Plan:** 4,981 EE 1-5Y BFAST W2D3 19-20  
**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity
1402	CEREAL CHEERIOS BOWL 1 OZ	1	BOWLPAK (1)	133
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	100.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	20.0000	g	
A029	TOAST, WG	1	1 SLICE	133
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	112.5000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	18.0000	g	

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1333	BANANAS PREM 40LB	1	1/2 BANANA	133
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	55.0000	kcal	Carbohydrate
				14.5000 g
2144	MILK 1% HALF GAL	1	2 OZ CEREAL MILK	128
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	25.0000	kcal	Carbohydrate
				2.7500 g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	50.0000	kcal	Carbohydrate
				5.5000 g
2144	MILK 1% HALF GAL	1	6 OZ	127
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	75.0000	kcal	Carbohydrate
				8.2500 g
2152	MILK WHOLE 1/2 GAL	1	2 OZ CEREAL MILK	6
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	30.0000	kcal	Carbohydrate
				2.7500 g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	6
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	60.0001	kcal	Carbohydrate
				5.5000 g

**Serving Period:** Lunch      **Serving Line:** MAIN      **Age Group:** Grades K-5  
**Date:** 8/21/2019      **Feeding Figure:** 200  
**Base Menu Plan:** 5,001 EE 1-5Y LUNCH W2D3 19-20  
**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity
A195	SANDWICH, CHICKEN WG	1	1 SANDWICH	135
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	369.9999	kcal	Carbohydrate
				39.0001 g
A455	POTATO SWT TRAX #2384	1	1/2 CUP	135
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	180.0000	kcal	Carbohydrate
				23.0001 g
a131	SALAD, DARK GREENS- EL	1	1/2 CUP	135
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	3.6560	kcal	Carbohydrate
				0.5850 g
a360	CARROT, FRESH SHREDDED	1	1/4 CUP	135
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	11.6147	kcal	Carbohydrate
				2.7139 g
A361	TOMATO, FRESH DICED	1	1/4 CUP	135
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	8.1076	kcal	Carbohydrate
				1.7522 g

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A7020	BEANS, BLACK (SALAD BAR)	1	1/4 CUP	135
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	75.1369	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	13.7866	g	
1348	PEARS SLICD IN LS	1	SERVING 1/2 CUP	135
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	80.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	20.0000	g	
2366	DRESSING ITALIAN OTT'S	1	Ounce	135
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	29.3055	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	7.8148	g	
2286	KETCHUP JUG WITH PUMP	1	Ounce	68
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	33.3278	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	8.3320	g	
1097	MUSTARD	1	Ounce	68
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	0.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	0.0000	g	
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	50.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	5.5000	g	
2144	MILK 1% HALF GAL	1	6 OZ	68
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	75.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	8.2500	g	
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	60.0001	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	5.5000	g	

Serving Period: Snack

Serving Line: MAIN

Age Group: Grades K-5

Date: 8/21/2019

Feeding Figure: 200

Base Menu Plan: 5,021 EE 1-5Y SNACK W2D3 19-20

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
2474	MUFFINS APPLE CINNAMON IW	1	PKG (1)	135
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	140.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	24.0000	g	
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	50.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	5.5000	g	
2144	MILK 1% HALF GAL	1	6 OZ	68
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	75.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	8.2500	g	

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2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
Food Energy		60.0001	kcal	
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
Carbohydrate		5.5000	g	

**Serving Period:** Breakfast      **Serving Line:** MAIN      **Age Group:** Grades K-5  
**Date:** 8/22/2019      **Feeding Figure:** 200  
**Base Menu Plan:** 4,982 EE1-5Y BFAST W2D4 19-20  
**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity
A322	EGG, SCRAMBLED, CHEESY EE	1	1/2 CUP	133
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
Food Energy		201.9896	kcal	
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
Carbohydrate		4.3370	g	
A024	BISCUITS, MINI, WG	1	1.25 OUNCE	133
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
Food Energy		110.0000	kcal	
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
Carbohydrate		15.0000	g	
1329	ORANGE 138 CT	1	1/2 CUP (4-6 WEDGES)	133
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
Food Energy		31.2730	kcal	
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
Carbohydrate		7.4273	g	
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
Food Energy		50.0000	kcal	
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
Carbohydrate		5.5000	g	
2144	MILK 1% HALF GAL	1	6 OZ	127
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
Food Energy		75.0000	kcal	
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
Carbohydrate		8.2500	g	
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	6
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
Food Energy		60.0001	kcal	
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
Carbohydrate		5.5000	g	

**Serving Period:** Lunch      **Serving Line:** MAIN      **Age Group:** Grades K-5  
**Date:** 8/22/2019      **Feeding Figure:** 200  
**Base Menu Plan:** 5,002 EE 1-5Y LUNCH W2D4 19-20  
**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity
A084	MEATLOAF-SLICES	1	1 SLICE	135
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
Food Energy		227.0069	kcal	
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
Carbohydrate		16.9442	g	
A026	ROLLS, WHEAT, WG	1	2 OUNCE	135
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
Food Energy		178.5303	kcal	
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
Carbohydrate		29.0164	g	

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A055	POTATOES, AUGRATIN	1	1/2 CUP	135
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	100.0000	kcal	
A070	CARROTS, COOKED	1	1/2 CUP	135
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	22.5109	kcal	
1347	PEACHES SLICD IN LS	1	1/2 CUP	135
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	81.0000	kcal	
2286	KETCHUP JUG WITH PUMP	1	Ounce	21
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	33.3278	kcal	
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	50.0000	kcal	
2144	MILK 1% HALF GAL	1	6 OZ	68
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	75.0000	kcal	
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	60.0001	kcal	

Serving Period: Snack

Serving Line: MAIN

Age Group: Grades K-5

Date: 8/22/2019

Feeding Figure: 200

Base Menu Plan: 5,022 EE 1-5Y SNACK W2D4 19-20

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
1423	GOLDFISH CHEDDAR WG	1	PKG (1)	135
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	100.0000	kcal	
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	50.0000	kcal	
2144	MILK 1% HALF GAL	1	6 OZ	68
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	75.0000	kcal	
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	60.0001	kcal	

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Scheduled Menu Plans

**Serving Period:** Breakfast

**Serving Line:** MAIN

**Age Group:** Grades K-5

**Date:** 8/23/2019

**Feeding Figure:** 200

**Base Menu Plan:** 4,983 EE 1-5Y BFAST W2D5 19-20

**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity		
2383	WAFFLE MINI BLUEBERRY BASH	1	PKG (1)	133		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	200.0000	kcal	Carbohydrate	36.0000	g
1348	PEARS SLICD IN LS	1	SERVING 1/2 CUP	133		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	80.0000	kcal	Carbohydrate	20.0000	g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	50.0000	kcal	Carbohydrate	5.5000	g
2144	MILK 1% HALF GAL	1	6 OZ	127		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	75.0000	kcal	Carbohydrate	8.2500	g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	6		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	60.0001	kcal	Carbohydrate	5.5000	g

**Serving Period:** Lunch

**Serving Line:** MAIN

**Age Group:** Grades K-5

**Date:** 8/23/2019

**Feeding Figure:** 200

**Base Menu Plan:** 5,003 EE 1-5Y LUNCH W2D5 19-20

**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity		
A093	TANGERINE CHICKEN	1	1/3 CUP	135		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	221.1795	kcal	Carbohydrate	29.1025	g
A019	RICE, STEAMED	1	1/2 CUP	135		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	46.9545	kcal	Carbohydrate	7.4301	g
A012	PEAS	1	1/2 CUP	135		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	80.0832	kcal	Carbohydrate	13.8032	g
A050	APPLES, HOT SPICED	1	1/2 CUP	135		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	121.4842	kcal	Carbohydrate	26.3734	g

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2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	50.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	5.5000	g	
2144	MILK 1% HALF GAL	1	6 OZ	68
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	75.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	8.2500	g	
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	60.0001	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	5.5000	g	

**Serving Period:** Snack **Serving Line:** MAIN **Age Group:** Grades K-5  
**Date:** 8/23/2019 **Feeding Figure:** 200  
**Base Menu Plan:** 5,023 EE 1-5Y SNACK W2D5 19-20  
**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity
1333	BANANAS PREM 40LB	1	1/2 BANANA	135
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	55.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	14.5000	g	
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	50.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	5.5000	g	
2144	MILK 1% HALF GAL	1	6 OZ	68
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	75.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	8.2500	g	
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	60.0001	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	5.5000	g	

**Serving Period:** Breakfast **Serving Line:** MAIN **Age Group:** Grades K-5  
**Date:** 8/26/2019 **Feeding Figure:** 150  
**Base Menu Plan:** 4,984 EE 1-5Y BFAST W3D1 19-20  
**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity
A376	PIZZA BREAKFAST TRK/SAU #1196	1	1 PIZZA	133
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	210.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	27.0000	g	
1347	PEACHES SLICD IN LS	1	1/2 CUP	133
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	81.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	19.8000	g	

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2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	50.0000	kcal	Carbohydrate
				5.5000 g
2144	MILK 1% HALF GAL	1	6 OZ	127
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	75.0000	kcal	Carbohydrate
				8.2500 g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	6
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	60.0001	kcal	Carbohydrate
				5.5000 g

**Serving Period:** Lunch      **Serving Line:** MAIN      **Age Group:** Grades K-5  
**Date:** 8/26/2019      **Feeding Figure:** 150  
**Base Menu Plan:** 5,004 EE 1-5Y LUNCH W3D1 19-20  
**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity
A353	CHICKEN NUGGETS WG#2345	1	1 SERVING (5)	135
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	200.0000	kcal	Carbohydrate
				13.0000 g
A015	MAC AND CHEESE	1	1/2 CUP	135
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	235.7995	kcal	Carbohydrate
				22.0593 g
A011	VEGETABLES, MIXED	1	1/2 CUP	135
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	38.4764	kcal	Carbohydrate
				8.4649 g
A053	APPLESAUCE, ROSY	1	1/2 CUP	135
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	62.0849	kcal	Carbohydrate
				16.0220 g
2286	KETCHUP JUG WITH PUMP	1	Tbsp	135
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	19.7467	kcal	Carbohydrate
				4.9367 g
1086	SAUCE BBQ	1	Ounce	21
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	29.1618	kcal	Carbohydrate
				6.6655 g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	50.0000	kcal	Carbohydrate
				5.5000 g
2144	MILK 1% HALF GAL	1	6 OZ	68
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	75.0000	kcal	Carbohydrate
				8.2500 g

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2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34			
<b>Nutrient</b>		<b>Value Units</b>		<b>Nutrient</b>		<b>Value Units</b>	
Food Energy		60.0001	kcal	Carbohydrate		5.5000	g

**Serving Period:** Snack **Serving Line:** MAIN **Age Group:** Grades K-5  
**Date:** 8/26/2019 **Feeding Figure:** 150  
**Base Menu Plan:** 5,024 EE 1-5Y SNACK W3D1 19-20  
**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity			
1923	CRACKER SALTINE (WG)	1	PKG (2 CRACKERS)	135			
<b>Nutrient</b>		<b>Value Units</b>		<b>Nutrient</b>		<b>Value Units</b>	
Food Energy		30.0003	kcal	Carbohydrate		4.5000	g
1353	JUICE APPLE 100%	1	1/2 CUP	135			
<b>Nutrient</b>		<b>Value Units</b>		<b>Nutrient</b>		<b>Value Units</b>	
Food Energy		55.0000	kcal	Carbohydrate		14.0000	g
1015	CHEESE STRING MOZ LT	1	PKG (1)	135			
<b>Nutrient</b>		<b>Value Units</b>		<b>Nutrient</b>		<b>Value Units</b>	
Food Energy		80.0000	kcal	Carbohydrate		0.0000	g

**Serving Period:** Breakfast **Serving Line:** MAIN **Age Group:** Grades K-5  
**Date:** 8/27/2019 **Feeding Figure:** 150  
**Base Menu Plan:** 4,985 EE 1-5Y BFAST W3D2 19-20  
**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity			
A322	EGG, SCRAMBLED, CHEESY EE	1	1/2 CUP	133			
<b>Nutrient</b>		<b>Value Units</b>		<b>Nutrient</b>		<b>Value Units</b>	
Food Energy		201.9896	kcal	Carbohydrate		4.3370	g
A029	TOAST, WG	1	1 SLICE	133			
<b>Nutrient</b>		<b>Value Units</b>		<b>Nutrient</b>		<b>Value Units</b>	
Food Energy		112.5000	kcal	Carbohydrate		18.0000	g
1278	KIWI 33 CT	1	1/2 KIWI (2-3 WEDGE)	133			
<b>Nutrient</b>		<b>Value Units</b>		<b>Nutrient</b>		<b>Value Units</b>	
Food Energy		23.2759	kcal	Carbohydrate		5.5419	g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2			
<b>Nutrient</b>		<b>Value Units</b>		<b>Nutrient</b>		<b>Value Units</b>	
Food Energy		50.0000	kcal	Carbohydrate		5.5000	g
2144	MILK 1% HALF GAL	1	6 OZ	127			
<b>Nutrient</b>		<b>Value Units</b>		<b>Nutrient</b>		<b>Value Units</b>	
Food Energy		75.0000	kcal	Carbohydrate		8.2500	g

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2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	6			
<b>Nutrient</b>		<b>Value Units</b>		<b>Nutrient</b>		<b>Value Units</b>	
Food Energy		60.0001	kcal	Carbohydrate		5.5000	g

**Serving Period:** Lunch **Serving Line:** MAIN **Age Group:** Grades K-5  
**Date:** 8/27/2019 **Feeding Figure:** 150  
**Base Menu Plan:** 5,005 EE 1-5Y LUNCH W3D2 19-20  
**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity			
A330	PIZZA CHEESE TONY'S #2387	1	1 SLICE	135			
<b>Nutrient</b>		<b>Value Units</b>		<b>Nutrient</b>		<b>Value Units</b>	
Food Energy		349.9999	kcal	Carbohydrate		38.0000	g
A372	GREEN BEANS-2017	1	1/2 CUP	135			
<b>Nutrient</b>		<b>Value Units</b>		<b>Nutrient</b>		<b>Value Units</b>	
Food Energy		17.5420	kcal	Carbohydrate		3.3337	g
1348	PEARS SLICD IN LS	1	SERVING 1/2 CUP	135			
<b>Nutrient</b>		<b>Value Units</b>		<b>Nutrient</b>		<b>Value Units</b>	
Food Energy		80.0000	kcal	Carbohydrate		20.0000	g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34			
<b>Nutrient</b>		<b>Value Units</b>		<b>Nutrient</b>		<b>Value Units</b>	
Food Energy		50.0000	kcal	Carbohydrate		5.5000	g
2144	MILK 1% HALF GAL	1	6 OZ	68			
<b>Nutrient</b>		<b>Value Units</b>		<b>Nutrient</b>		<b>Value Units</b>	
Food Energy		75.0000	kcal	Carbohydrate		8.2500	g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34			
<b>Nutrient</b>		<b>Value Units</b>		<b>Nutrient</b>		<b>Value Units</b>	
Food Energy		60.0001	kcal	Carbohydrate		5.5000	g

**Serving Period:** Snack **Serving Line:** MAIN **Age Group:** Grades K-5  
**Date:** 8/27/2019 **Feeding Figure:** 150  
**Base Menu Plan:** 5,025 EE 1-5Y SNACK W3D2 19-20  
**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity			
1329	ORANGE 138 CT	1	1/2 CUP (4-6 WEDGES)	135			
<b>Nutrient</b>		<b>Value Units</b>		<b>Nutrient</b>		<b>Value Units</b>	
Food Energy		31.2730	kcal	Carbohydrate		7.4273	g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34			
<b>Nutrient</b>		<b>Value Units</b>		<b>Nutrient</b>		<b>Value Units</b>	
Food Energy		50.0000	kcal	Carbohydrate		5.5000	g

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2144	MILK 1% HALF GAL	1	6 OZ	68
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	75.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	8.2500	g	

  

2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	60.0001	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	5.5000	g	

**Serving Period:** Breakfast      **Serving Line:** MAIN      **Age Group:** Grades K-5  
**Date:** 8/28/2019      **Feeding Figure:** 150  
**Base Menu Plan:** 4,986 EE 1-5Y BFAST W3D3 19-20  
**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity
a356	Pancake Maple Mini	1	1 PKG	133
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	210.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	35.0000	g	
1333	BANANAS PREM 40LB	1	1/2 BANANA	133
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	55.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	14.5000	g	
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	50.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	5.5000	g	
2144	MILK 1% HALF GAL	1	6 OZ	127
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	75.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	8.2500	g	
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	6
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	60.0001	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	5.5000	g	

**Serving Period:** Lunch      **Serving Line:** MAIN      **Age Group:** Grades K-5  
**Date:** 8/28/2019      **Feeding Figure:** 150  
**Base Menu Plan:** 5,006 EE 1-5Y LUNCH W3D3 19-20  
**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity
A456	ALFREDO CHICKEN, JTM penne	1	1 SERVING	135
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	232.6962	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	25.6039	g	
a131	SALAD, DARK GREENS- EL	1	1/2 CUP	135
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	3.6560	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	0.5850	g	

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a360	CARROT, FRESH SHREDED	1	1/4 CUP	135
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	11.6147	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	2.7139	g	
A361	TOMATO, FRESH DICED	1	1/4 CUP	135
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	8.1076	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	1.7522	g	
A7046	BEANS, NORTHERN GR (SALAD BAR)	1	1/4 CUP	135
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	82.4860	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	15.5007	g	
1347	PEACHES SLICD IN LS	1	1/2 CUP	135
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	81.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	19.8000	g	
2365	DRESSING RANCH OTT'S	1	Ounce	135
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	85.8443	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	4.2922	g	
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	50.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	5.5000	g	
2144	MILK 1% HALF GAL	1	6 OZ	68
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	75.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	8.2500	g	
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	60.0001	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	5.5000	g	

Serving Period: Snack

Serving Line: MAIN

Age Group: Grades K-5

Date: 8/28/2019

Feeding Figure: 150

Base Menu Plan: 5,026 EE 1-5Y SNACK W3D3 19-20

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
1912	CHEEZ-IT WHOLE GRAIN	1	PKG (1)	135
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	100.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	14.0000	g	
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	50.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	5.5000	g	
2144	MILK 1% HALF GAL	1	6 OZ	68
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	75.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	8.2500	g	

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2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34			
<b>Nutrient</b>		<b>Value Units</b>		<b>Nutrient</b>		<b>Value Units</b>	
Food Energy		60.0001	kcal	Carbohydrate		5.5000	g

**Serving Period:** Breakfast      **Serving Line:** MAIN      **Age Group:** Grades K-5  
**Date:** 8/29/2019      **Feeding Figure:** 150  
**Base Menu Plan:** 4,987 EE 1-5Y BFAST W3D4 19-20  
**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity			
A041	BISCUITS W/GRAVY, WG. MINI	1	2 BISCUITS	133			
<b>Nutrient</b>		<b>Value Units</b>		<b>Nutrient</b>		<b>Value Units</b>	
Food Energy		279.4904	kcal	Carbohydrate		38.4986	g
A7078	STRAWBERRIES #7112	1	1/2 CUP	133			
<b>Nutrient</b>		<b>Value Units</b>		<b>Nutrient</b>		<b>Value Units</b>	
Food Energy		38.8278	kcal	Carbohydrate		10.0952	g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2			
<b>Nutrient</b>		<b>Value Units</b>		<b>Nutrient</b>		<b>Value Units</b>	
Food Energy		50.0000	kcal	Carbohydrate		5.5000	g
2144	MILK 1% HALF GAL	1	6 OZ	127			
<b>Nutrient</b>		<b>Value Units</b>		<b>Nutrient</b>		<b>Value Units</b>	
Food Energy		75.0000	kcal	Carbohydrate		8.2500	g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	6			
<b>Nutrient</b>		<b>Value Units</b>		<b>Nutrient</b>		<b>Value Units</b>	
Food Energy		60.0001	kcal	Carbohydrate		5.5000	g

**Serving Period:** Lunch      **Serving Line:** MAIN      **Age Group:** Grades K-5  
**Date:** 8/29/2019      **Feeding Figure:** 150  
**Base Menu Plan:** 5,007 EE 1-5Y LUNCH W3D4 19-20  
**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity			
A325	BEEF FINGERS #2074	1	4 FINGERS	135			
<b>Nutrient</b>		<b>Value Units</b>		<b>Nutrient</b>		<b>Value Units</b>	
Food Energy		230.0000	kcal	Carbohydrate		16.0000	g
A005	POTATOES, MASHED	1	1/2 CUP	135			
<b>Nutrient</b>		<b>Value Units</b>		<b>Nutrient</b>		<b>Value Units</b>	
Food Energy		85.3963	kcal	Carbohydrate		18.1467	g
A524	GRAVY BROWN LS #2421	1	2 OZ	135			
<b>Nutrient</b>		<b>Value Units</b>		<b>Nutrient</b>		<b>Value Units</b>	
Food Energy		25.2695	kcal	Carbohydrate		4.0431	g

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A057	BROCCOLI, STEAMED	1	1/2 CUP	135
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	28.2507	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	4.5307	g	
1161	JCE CUP FRZ STR /POM	1	CARTON (1)	135
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	70.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	19.0000	g	
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	50.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	5.5000	g	
2144	MILK 1% HALF GAL	1	6 OZ	68
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	75.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	8.2500	g	
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	60.0001	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	5.5000	g	

**Serving Period:** Snack **Serving Line:** MAIN **Age Group:** Grades K-5  
**Date:** 8/29/2019 **Feeding Figure:** 150  
**Base Menu Plan:** 5,027 EE 1-5Y SNACK W3D4 19-20  
**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity
2311	CRISPY BITES BLUE/LEM 1.0 OZ	1	PKG (1)	135
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	120.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	21.0000	g	
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	50.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	5.5000	g	
2144	MILK 1% HALF GAL	1	6 OZ	68
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	75.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	8.2500	g	
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	60.0001	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	5.5000	g	

**Serving Period:** Breakfast **Serving Line:** MAIN **Age Group:** Grades K-5  
**Date:** 8/30/2019 **Feeding Figure:** 150  
**Base Menu Plan:** 4,988 EE 1-5Y BFAST W3D5 19-20  
**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity
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2473	MUFFINS BLUEBERRY IW	1	PKG (1)	133
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	150.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	23.0000	g	
A392	YOGURT TRIX STRAW/BAN #2212	1	1 CONTAINER	133
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	80.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	15.0000	g	
1350	PINEAPPLE BITS IN LS	1	SERVING 1/2 CUP	133
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	69.9472	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	16.9872	g	
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	50.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	5.5000	g	
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	6
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	60.0001	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	5.5000	g	
2144	MILK 1% HALF GAL	1	6 OZ	127
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	75.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	8.2500	g	

**Serving Period:** Lunch      **Serving Line:** MAIN      **Age Group:** Grades K-5  
**Date:** 8/30/2019      **Feeding Figure:** 150  
**Base Menu Plan:** 5,008 EE 1-5Y LUNCH W3D5 19-20  
**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity
A232	SLOPPY JOE ON WW BUN 2019	1	1 SANDWICH	135
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	387.4476	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	37.2465	g	
A496	POTATO TATER TOTS #1219	1	1/2 CUP	135
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	110.0001	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	17.0000	g	
A070	CARROTS, COOKED	1	1/2 CUP	135
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	22.5109	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	5.2526	g	
A047	STRAWBERRIES AND BLUEBERRIES	1	1/2 CUP	135
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	65.8186	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	16.7660	g	
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	50.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	5.5000	g	

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2144	MILK 1% HALF GAL	1	6 OZ	68
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	75.0000	kcal	Carbohydrate
				8.2500 g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	60.0001	kcal	Carbohydrate
				5.5000 g

Serving Period: Snack

Serving Line: MAIN

Age Group: Grades K-5

Date: 8/30/2019

Feeding Figure: 150

Base Menu Plan: 5,028 EE 1-5Y SNACK W3D5 19-20

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
7158	APPLESAUCE CUP CINNAMON	1	CUP (1)	135
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	59.7557	kcal	Carbohydrate
				14.9389 g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	50.0000	kcal	Carbohydrate
				5.5000 g
2144	MILK 1% HALF GAL	1	6 OZ	68
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	75.0000	kcal	Carbohydrate
				8.2500 g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	60.0001	kcal	Carbohydrate
				5.5000 g

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